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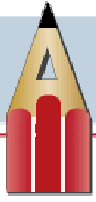
## Alliance of Schools for Cooperative Insurance Programs

### Basic Disaster Supplies Kit for the Home

Three-day supply of non-perishable food	—
Three-day supply of water (one gallon per person per day)	—
Portable, battery-powered radio or television and extra batteries	—
Flashlight and extra batteries	—
First aid kit and manual	—
Sanitation and hygiene items (moist towelettes, toilet paper, feminine products)	—
Matches and waterproof container	—
Whistle	—
Extra clothing	—
Kitchen accessories and cooking utensils, including manual can opener	—
Photocopies of credit and identification cards	—
Cash and coins	—
Special needs items, such as prescription medications, eye glasses, contact lens solutions, and hearing aid batteries	—
Items for infants, such as formula, diapers, bottles, and pacifiers	—
Other items to meet your unique family needs	—

*If you live in a cold climate, you must think of warmth. Be sure to include cold weather items such as jackets, coats, long pants, long sleeve shirts, hats, mittens, scarves, sleeping bags and warm blankets.*

*Be sure to account for growing children and other family changes. Your kits should be specific to your family needs.*



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**Basic Disaster Supplies Kit for the Car**

Non-perishable food	—
Water	—
Flashlight and extra batteries	—
First aid kit and manual	—
Sanitation and hygiene items (moist towelettes, toilet paper, feminine products)	—
Extra clothing	—
Blanket	—
Flares	—
Jumper cables	—
Jack, spare tire, and tire iron	—
Seasonal items	—

*If you live in a cold climate be sure to include anti-freeze and an ice scraper with brush.*



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**Basic Disaster Supplies Kit for Work**

- Non-perishable food (granola bars, power bars, etc) \_\_\_\_\_
- Water \_\_\_\_\_
- Comfortable walking shoes \_\_\_\_\_
- Sunscreen \_\_\_\_\_
- Special needs items, such as eye glasses, contact lens solutions, and hearing aid batteries \_\_\_\_\_

*If you work in a cold climate, you must think of warmth. Be sure to include a hat and gloves/mittens.*

*This kit should be in one container and ready to “grab and go” in case you are evacuated from your workplace.*